

AMOUR STYLES

BEAUTY SPA

Treatment menu

We offer healing treatments not just massages,our treatments are all about connecting with the body, we take you through a healing journey that relaxes your mind and body, we offer tailor made treatments that means we choose the most suitable facial care and body products for your skin type.

We do a full consultation and after analyzing your skin we select the best products for you, we also recommend after care products for you to use to better care for your skin.

Our products are 100% natural with natural essential oils.
The whole idea is to give you relaxing spa treatments although if you cannot come to the spa we bring the spa to you in the comfort of your own home. A lot of people are lazy to come to the spa and those who do want to sleep or relax after treatment so we figured why not bring the spa to you plus we don't promote driving after treatment. We set up for you with our own equipment and products, we create the perfect ambience for you to relax and unwind.

Amour Styles Beauty Spa is all about healing the mind and body, it's all about bespoke treatments, we promote healthy glowing skin. We big on anti-ageing products because we believe in protecting the skin from free radicals.

We also cater for events such as : Birthday parties, bridal showers, baby showers and all other events; we do group packages. We also do make-up for all occasions, host beauty seminars to educate people about skin care products and make-up.

Kids & teens spa packages are also available.

Amours deep tissue massage
This is a combination of hands and a rolling stick, used together to give your body a deep tissue and stress relieving massage.
(R600 60min | R400 30min back & neck)

Shea butter massage
Melted Shea massage for a softer, smoother and more radiant skin using a uniqueblend of shea, rooibos and natural essential oils, oils are heated to melt away all your tension.
(R600 60min / R400 30min back & neck)

Therapeutic oil massage
You can choose from our range of relaxing oils, Ylang ylang to promote relaxation, benefits the mood and energy levels. Neroli to help treat acne and eczema. Lime is a great oil to use when suffering from colds and flu also good for calming your mind. This is a great treatment for tight muscles and it promotes relaxation.
(R600 60min / R400 30min back & neck)

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Balancing Scalp and Leg Ritual
Balancing treatment to target the symptoms of jet leg and long travel on the area often neglected to restore energy balance.
(R450 45min)

Hot Stone Massage
Smooth heated stones are placed on the body to relax and ease tense muscles, so your therapist can focus on a deep working of the tissues using both stones and handstrokes.
(R650 60min | R450 30min)

Amours Body Experience
We start by exfoliating the body, getting rid of all the dead skin then we apply slimming detox or hydrating body wrap, soak your body in warm water or shower and finish off with a relaxing body massage.
(R1300 90min)

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FACIAL EXPERIENCE

Anti-oxidant facial - This is a great treatment for mature skin, great for targeting signs of aging, it tones, soothes and brighten skin.
(R700 60min)

Amours facial - For a healthier looking skin, this is a deep cleansing and repairing treatment with therapeutic serums.
(R600 60min)

Peeling treatment - Reduces signs of aging, improves skin texture, pigmentation and acne.
(R750 75min)

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Nail Care

Buff & Shine	R200
Full Manicure / Full Pedicure	R350
Full Gel Manicure /Full Gel Pedicure	R400
Full Pedicure With Heel Peel Treatment	R500
Gel Polish Only	R300
Gel Toes	R250
Gel Soak Off	R100
Acrylic Soak Off	R150
Foot Scrub & Massage	R300



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Kids & Teens (Age 5 - 15 years) R600
30min Back neck & shoulder massage + 30min pedi
30min Back neck & shoulder massage + facial
30min Facial + pedi or mani

Please note :
Booking in advance is highly recommended. You are required to pay 50% deposit prior to treatment (non-refundable)

Bookings should be confirmed by payment, however the services should be rendered within 30 days - After 30 days the payment shall forfeit without refund.

Prices are subject to change depending on where your event will be.

Cancellation policies :
4 hours advance notice is requested for cancellations and rescheduling 50% deposit will not be refunded

A full consultation will be done prior to any treatment.
Please alert your therapist for the following contra - indications: High blood pressure or heart conditions, recent surgery, muscle or joint injuries, any allergies, pregnancy, epilepsy, virus and diabetes.



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